

COA 2009-2010 Divisions

General Division Information

- COA reserves the right to add, change, delete, or combine divisions for any reason
- COA reserves the right to cut-off registrations before the registration deadline
- Mascots may perform with their team, however, they will be counted as a member of the team when determining squad size
- You may not use the same routine when entering multiple divisions
- Crossovers are allowed at all COA events. All Star Cheer athletes will not be permitted to crossover from one program to another within the same event (Exception: International Open may crossover with non-International Open or Open Level 6 may crossover with non-Open Level 6. We make every effort to enable athletes to compete on multiple teams, however, we cannot guarantee separation between performance times, practice times, or award ceremonies. COA will not be able to change performance times after they are set.

Cheer Specialty Divisions

Mascot

Mascots should utilize all areas of technical strengths including actions/reactions, motions/emotions, character traits and habits, pantomime, crowd interaction, crowd appeal, prop utilization, and overall impression. Mascots must use at least one prop and are permitted to use any props except fire, liquids, confetti, glitter, and live animals. Mascots may use up to 3 human extras.

Power Jumper

This division is for athletes who excel in jumping. Must incorporate multiple jump combinations with at least 10 jumps of which 2 must be in combination. Routines should be choreographed to demonstrate a variety of jumps and transitions. Short spirited transitions are permitted. Show creativity in your landings and preps. To help guarantee competition, there is no division separation between School, Recreation and All Star. COA reserves the right to divide into these divisions if necessary.

Power Tumbler

This division is for athletes who excel in tumbling. Must consist of at least 4 running tumbling passes. Short spirited or tumbling transitions between passes are permitted. Athletes may not perform skills exceeding Level 5 of the All Star Rules. To help guarantee competition, there is no division separation between School, Recreation and All Star. COA reserves the right to divide into these divisions if necessary.

School and Recreation Cheer Teams

School and Recreation Teams must cheer/perform together for a regular season at an educational institution or recreation league. Athletes must be enrolled in a traditional first or secondary school or officially sanctioned home school program. School or Recreation Teams may choose to compete in an All Star Division.

School Participants Only

Participation must be limited to bona-fide students of the school who are designated as members of the school's spirit team(s). A bona-fide student is one who is eligible to participate with and/or compete for a designated school according to the rules of that state's school association and/or the local board of education. Students who finish classes or graduate mid-school year are eligible until the conclusion of the school year.

Recreation Participants Only

Athletes may not reach the age of 19 before August 31, 2009.

Exhibition

The Exhibition Divisions were created for teams who do not meet the Performance or Division Requirements as set by COA. Please call for more information. Any team may choose to perform in an Exhibition division. Exhibition Teams are required to pay registration fees. Each team will receive a participation trophy and each participant will receive a participation award. Exhibition Teams will receive a comment sheet from the judges without scores. Exhibition Teams will not be ranked with the other teams. School and Recreation Exhibition Teams must follow COA's School and Recreation Rules.

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All Star Cheer Teams

All Star Teams are teams formed for competition purposes. The age of the athlete as of August 31, 2009 will be the age used for competition purposes for all divisions. School and Recreation Teams may choose to compete in an All Star Division. **Exception:** The cut-off date for the maximum age of the Senior teams (18) will remain May 31, 2009 for the 2009-2010 season. For the 2010-2011 competition season, it will change to August 31, 2010.

Special Needs

The Special Needs Division was created for teams with members who possess intellectual disabilities, cognitive delays, or significant learning or vocational problems that require or have required specially designed instruction. Please call for more information. Special Needs Teams will receive a comment sheet from the judges without scores. Special Needs Teams will not be ranked with the other teams. Special Needs Cheer Teams may not perform skills exceeding Level 5 of the All Star Rules.

Exhibition

The Exhibition Divisions were created for teams who do not meet the Performance or Division Requirements as set by COA. Please call for more information. Any team may choose to perform in an Exhibition division. Exhibition Teams are required to pay registration fees. Exhibition Teams will receive a comment sheet from the judges without scores. Exhibition Teams will not be ranked with the other teams in the division. All Star Exhibition Teams may not perform skills exceeding Level 5 of the All Star Rules.

Small Gym

A "Small Gym" is defined as having one physical address for its location and has 75 or less athletes registered in its competitive cheer program at the time of competition. Exhibition teams, crossover athletes, special needs teams and dance teams do not count toward the 75 or less athletes.

Senior Open Level 5

**The following skill restrictions apply for Senior Open Level 5:

In tumbling, only single twisting skills are allowed. During a full-twisting tumbling skill, no trick other than the twist is allowed (i.e. including but not limited to: split fulls, hitch kick fulls, X-Fulls, Full-Xouts, etc) and both feet must land and finish on the performing surface. (i.e. no full twisting tumbling to seat, prone body landings or similar).

Senior Open Level 5 and Senior Level 5 divisions may not be combined into one division.

Dance Specialty Divisions

Dance Soloist, Dance Duets, Dance Trios, Dance Quads

To help guarantee competition, there is no division separation between School, Recreation, All Star and Studio dancers. For example, All Star Hip Hop dancers may compete against School Hip Hop dancers. COA reserves the right to divide into these divisions if necessary.

School and Recreation Dance Teams

School and Recreation Teams must perform together for a regular season at an educational institution or recreation league. Dancers must be enrolled in a traditional first or secondary school or officially sanctioned home school program. School or Recreation Teams may choose to compete in an All Star and Studio Division.

School Participants Only

Participation must be limited to bona-fide students of the school who are designated as members of the school's dance team(s). A bona-fide student is one who is eligible to participate with and/or compete for a designated school according to the rules of that state's school association and/or the local board of education. Students who finish classes or graduate mid-school year are eligible until the conclusion of the school year.

Recreation Participants Only

Athletes may not reach the age of 19 before August 31, 2009.

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Dance Teams

Pom

Poms must be used 80 percent of the routine. Important characteristics of a Pom routine include synchronization and visual effect, clean and precise motions, strong pom technique and incorporation of dance technical elements. Visual effect includes level changes, group work, formation changes, the use of different color poms, etc.

Hip Hop

Routines emphasize the street style movements with an emphasis on execution, style, creativity, body isolations and control, rhythm, uniformity and musical interpretation. Teams may also put an additional focus on athletic incorporations such as jumps, jump variations, combo jumps and other tricks.

Jazz

A Jazz routine incorporates stylized dance movements and combinations, formation changes, group work, leaps and turns. Emphasis is placed on proper technical execution, extension, control, body placement and team uniformity.

Variety

Routines will incorporate a blend of jazz, pom and hip hop styles. Emphasis should be placed on overall creativity and flow of routine and successful technical execution of the dance styles performed.

Lyrical

Routines combine the principles of Jazz and Ballet and emphasize proper technical execution, the use of flexibility, balance and mood. Routines are fluid in movement and focus on emotion that compliments the musical selection.

Open

This style of routine may incorporate any style, or combination of styles, listed above. All styles will be judged against each other in this category. Emphasis is placed on choreography, proper technical execution, visual effect, creativity, staging and team uniformity.

All Star and Studio Dance Teams

All Star and Studio Teams are defined as teams formed within a gym/studio for competition purposes, and for COA events, will abide by the United States All Star Federation rules and regulations. The age of the dancer as of August 31, 2009, will be the age used for performance purposes for all divisions. **Exception:** The cut-off date for the maximum age of the Senior teams (18) will remain May 31, 2009 for the 2009-2010 season. For the 2010-2011 competition season, it will change to August 31, 2010. School and Recreation teams may choose to perform in an All Star and Studio Division.

Collegiate

All collegiate participants must be official students of the school team they are representing. Athletes may not represent more than one school. All collegiate teams are required to compete in divisions according to their NCAA Football classification. Schools that do not have a football program will compete in divisions according to their NCAA Basketball program classification. International Teams competing in Collegiate Divisions will compete based on school enrollment: 20,000 or above - Division 1A; 10,000-19,999 - Division 1; 5,000 - 9,999 - Division 2; Less than 5,000 - Junior College. Collegiate Teams may choose to compete in an All Star Open Division.

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Contesting Eligibility

Participant Age/Grade Discrepancies:

- Only a coach may challenge a participant's age/grade. To challenge a participant's age/grade, the challenge must be immediately brought to the attention of the event manager along with a \$200 (cash or credit) challenge fee per challenged participant. All challenges must be made at the event.
- The event manager will request proof of age/grade for the participant in question. The participant in question must supply official age/grade verification (i.e. birth certificate, driver's license, passport, report card or student ID) to the event manager no later than the Monday following the event at 5:00PM EST. The participant may provide proof to the event manager at the event if it is available.
- If the participant in question is in violation of age/grade restrictions, the team will be disqualified, and the challenging team will receive their \$200 back.
- If the participant in question is NOT in violation of age/grade restrictions, the challenging team will forfeit their \$200 challenge fee. The \$200 fee will be given to the team that was challenged as compensation for their time spent providing verification.

Splitting All Star Cheer Divisions

Small/Large Splits

COA will split the division into "Small" and "Large" divisions when there are at least two teams that will ultimately be registered in each respective division. The designation of "Small" and "Large" divisions must follow the team sizes below:

Small = 5 – 20 members

Large = 21 – 36 members

A/B Splits

If after splitting divisions into "Small" and "Large" there are 10 or more teams in the "Small" or "Large" division, then COA may split that division further by squad size or into "Small Gym" divisions. If splitting further by size, then COA must use a name such as "Division I", "Division II" or "Division A", "Division B" to denote the split and must clearly define the number of competitors permitted on the team for each of these particular divisions. No division may be subdivided further from the "Small" (5-20) and "Large" (21-36) classification if it means that only one team will be left in a division.

Coed Splits

Senior Open may be split into Senior Open and Senior Open Limited Co-Ed when there are at least two teams that will ultimately be registered in each respective division. Senior Level 4.2 may be split into Senior Level 4.2 and Senior Co-Ed Level 4.2 when there are at least two teams that will ultimately be registered in each respective division.

Senior Open Splits

COA will split these divisions into Small Senior Open and Large Senior and/or Senior Open and Senior Open Limited Co-Ed when there are at least two teams that will ultimately be registered in each respective division.

World Splits

COA may also split divisions into "Worlds Qualifying" and "Non-Worlds" qualifying divisions as long as the levels, age and female/male restrictions designated above remain the same for each division. Teams from the same gym will not have to compete against themselves if they have a "Small" and "Large" team in the same division (i.e. Small Junior Level 2 and Large Junior Level 2). A mandatory split in the division would occur in this situation, even it means that a division is left with only one team performing.

Splitting All Star Dance Divisions

Small/Large Splits

COA may split divisions to accommodate overall team size, all male or coed. There must be a minimum of 10 teams in a division/category before one split may occur. No division may be split if it means that one team will be left in a division alone. When splitting a division, it is up to COA to determine where the split occurs in terms of the number of participants. COA can not further divide or add categories and/or divisions by style, level, skill, age or ability. (Examples: COA cannot offer a Stylized Jazz category and a Character Jazz category)

COA 2009-2010 Divisions

School, Recreation, and All Star Cheer Specialty Divisions				
Crowdleader (CL)				
11006	Tiny	5 Years and Younger	Female/Male	1 Athlete
11018	Mini	6 - 8 Years Old	Female/Male	1 Athlete
11024	Youth	9 - 11 Years Old	Female/Male	1 Athlete
11030	Junior	12 - 14 Years Old	Female/Male	1 Athlete
11054	Senior (Eligible for Scholarship at ULTIMATE)	15 - 18 Years Old	Female/Male	1 Athlete
Power Jumper				
11827	Junior	14 Years and Younger	Female/Male	1 Athlete
11839	Senior	15 - 18 Years Old	Female/Male	1 Athlete
11845	Open	17 Years and Older	Female/Male	1 Athlete
Power Tumbler				
11867	Junior	14 Years and Younger	Female/Male	1 Athlete
11869	Senior	15 - 18 Years Old	Female/Male	1 Athlete
11875	Open	17 Years and Older	Female/Male	1 Athlete
School and Recreation Cheer Specialty Divisions				
Cheer Individual (CI)				
11103	Tiny School and Recreation	Kindergarten & Under	Female/Male	1 Athlete
11109	Pee Wee School and Recreation	1st Grade & 2nd Grade	Female/Male	1 Athlete
11115	Mini School and Recreation	3rd Grade & 4th Grade	Female/Male	1 Athlete
11121	Youth School and Recreation	5th Grade & 6th Grade	Female/Male	1 Athlete
11127	Middle School School and Recreation	7th Grade & 8th Grade	Female/Male	1 Athlete
11133	Non Varsity School and Recreation	9th Grade & 10th Grade	Female/Male	1 Athlete
11139	Varsity School and Recreation (Eligible for Scholarship at ULTIMATE)	11th Grade & 12th Grade	Female/Male	1 Athlete
Coed Partner (CP)				
11215	Mini School and Recreation	4th Grade & Under	Female & Male	2 Athletes
11221	Youth School and Recreation	6th Grade & Under	Female & Male	2 Athletes
11228	Junior School and Recreation	9th Grade & Under	Female & Male	2 Athletes
11239	Varsity School and Recreation (Eligible for Scholarship at ULTIMATE)	9th Grade - 12th Grade	Female & Male	2 Athletes
Cheer Duets - Trios - Quad (CG)				
11355	Mini School and Recreation	4th Grade & Under	Female/Male	2 - 4 Athletes
11361	Youth School and Recreation	6th Grade & Under	Female/Male	2 - 4 Athletes
11227	Junior School and Recreation	9th Grade & Under	Female/Male	2 - 4 Athletes
11369	Varsity School and Recreation	9th Grade - 12th Grade	Female/Male	2 - 4 Athletes
Stunt Group (SG)				
11434	Youth School and Recreation	6th Grade & Under	All Female	4 - 5 Athletes
11436	Junior School and Recreation	9th Grade & Under	All Female	4 - 5 Athletes
11437	Junior Coed School and Recreation	9th Grade & Under	1 or More Males	4 - 5 Athletes
11440	Varsity School and Recreation (Eligible for Scholarship at ULTIMATE)	9th Grade - 12th Grade	All Female	4 - 5 Athletes
11442	Varsity Coed School and Recreation	9th Grade - 12th Grade	1 or More Males	4 - 5 Athletes
Mascot (MS)				
11950	Mascot	12th Grade & Under	Female/Male	1 Athlete
All Star Cheer Specialty Divisions				
Cheer Individual (CI)				
11106	Tiny All Star	5 Years and Younger	Female/Male	1 Athlete
11118	Mini All Star	6 - 8 Years Old	Female/Male	1 Athlete
11124	Youth All Star	9 - 11 Years Old	Female/Male	1 Athlete
11130	Junior All Star	12 - 14 Years Old	Female/Male	1 Athlete
11142	Senior All Star (Eligible for Scholarship at ULTIMATE)	15 - 18 Years Old	Female/Male	1 Athlete
11151	Open	17 Years and Older	Female/Male	1 Athlete
Coed Partner (CP)				
11234	Youth All Star Level 5	11 Years and Younger	Female & Male	2 Athletes
11236	Junior All Star Level 5	14 Years and Younger	Female & Male	2 Athletes
11238	Senior All Star Level 5 (Eligible for Scholarship at ULTIMATE)	18 Years and Younger	Female & Male	2 Athletes
11251	Open Level 6	17 Years and Older	Female & Male	2 Athletes
Cheer Duets - Trios - Quad (CG)				
11381	Mini All Star	8 Years and Younger	Female/Male	2 - 4 Athletes
11382	Youth All Star	11 Years and Younger	Female/Male	2 - 4 Athletes
11384	Junior All Star	14 Years and Younger	Female/Male	2 - 4 Athletes
11386	Senior All Star	18 Years and Younger	Female/Male	2 - 4 Athletes
11390	Open	17 Years and Older	Female/Male	2 - 4 Athletes
Stunt Group (SG)				
903	Youth All Star Level 5	11 Years and Younger	Up to 1 Male	4 - 5 Athletes
904	Junior All Star Level 5	14 Years and Younger	All Female	4 - 5 Athletes
11438	Junior Coed All Star Level 5	14 Years and Younger	1 or More Males	4 - 5 Athletes
905	Senior All Star Level 5 (Eligible for Scholarship at ULTIMATE)	18 Years and Younger	All Female	4 - 5 Athletes
11443	Senior Coed All Star Level 5	18 Years and Younger	1 or More Males	4 - 5 Athletes
906	Open Level 6	17 Years and Older	1 or More Males	4 - 5 Athletes

COA 2009-2010 Divisions

School and Recreation Cheer Teams				
12203	Tiny Mount	5 years and Younger	Female/Male	5 + Athletes
12204	Mini Mount	8 Years and Younger	Female/Male	5 + Athletes
12212	Youth Mount	11 Years and Younger	Female/Male	5 + Athletes
12016	Junior High/Middle School Non Tumbling	9th Grade & Under	Female/Male	5 + Athletes
12024	Junior Varsity Non Tumbling	9th Grade - 11th Grade	Female/Male	5 + Athletes
12032	Varsity Non Tumbling	9th Grade - 12th Grade	Female/Male	5 + Athletes
12010	Spiritleader Non Tumbling	12th Grade & Under	Female/Male	5 + Athletes
12119	Junior High/Middle School Non Mount	9th Grade & Under	Female/Male	5 + Athletes
12127	Junior Varsity Non Mount	9th Grade - 11th Grade	Female/Male	5 + Athletes
12132	Varsity Small Non Mount	9th Grade - 12th Grade	Female/Male	5 -16 Athletes
12134	Varsity Large Non Mount	9th Grade - 12th Grade	Female/Male	17 + Athletes
12140	Spiritleader Non Mount	12th Grade & Under	Female/Male	5 + Athletes
12219	Junior High/Middle School Mount	9th Grade & Under	Female/Male	5 + Athletes
12227	Junior Varsity Mount	9th Grade - 11th Grade	Female/Male	5 + Athletes
12232	Varsity Small Mount	9th Grade - 12th Grade	Up to 1 Male	5 -12 Athletes
12233	Varsity Medium Mount	9th Grade - 12th Grade	Up to 1 Male	13 -16 Athletes
12234	Varsity Large Mount	9th Grade - 12th Grade	Up to 1 Male	17-20 Athletes
12235	Varsity Super Large Mount	9th Grade - 12th Grade	Up to 1 Male	21 + Athletes
12236	Varsity Coed Small Mount	9th Grade - 12th Grade	2 - 4 Males & at least 3 Females	5 + Athletes
12238	Varsity Coed Large Mount	9th Grade - 12th Grade	5 or More Males & at least 3 Females	8 + Athletes
12240	Spiritleader Mount	12th Grade & Under	Female/Male	5 + Athletes
12244	Spiritleader Non Mount Non Tumbling	12th Grade & Under	Female/Male	5 + Athletes
910	School and Recreation Cheer Exhibition	All ages	Female/Male	5 + Athletes

COA 2009-2010 Divisions

All Star Cheer Teams				
Level 1				
1000	Tiny Level 1	5 Years and Younger	Female/Male	5 - 36 Athletes
1006	Mini Level 1	8 Years and Younger	Female/Male	5 - 36 Athletes
1025	Youth Level 1	11 Years and Younger	Female/Male	5 - 36 Athletes
1060	Junior Level 1	14 Years and Younger	Female/Male	5 - 36 Athletes
2015	Senior Level 1	18 Years and Younger	Female/Male	5 - 36 Athletes
Level 2				
1012	Mini Level 2	8 Years and Younger	Female/Male	5 - 36 Athletes
1031	Youth Level 2	11 Years and Younger	Female/Male	5 - 36 Athletes
1066	Junior Level 2	14 Years and Younger	Female/Male	5 - 36 Athletes
2021	Senior Level 2	18 Years and Younger	Female/Male	5 - 36 Athletes
Level 3				
1018	Mini Level 3	8 Years and Younger	Female/Male	5 - 36 Athletes
1037	Youth Level 3	11 Years and Younger	Female/Male	5 - 36 Athletes
1072	Junior Level 3	14 Years and Younger	Female	5 - 36 Athletes
1090	Junior Coed Level 3	14 Years and Younger	1 or More Males	5 - 36 Athletes
2027	Senior Level 3	18 Years and Younger	Female	5 - 36 Athletes
2060	Senior Coed Level 3	18 Years and Younger	1 or More Males	5 - 36 Athletes
Level 4.2				
2039	Senior Level 4.2	18 Years and Younger	Female/Male	5 - 36 Athletes
Level 4				
1043	Youth Level 4	11 Years and Younger	Female/Male	5 - 36 Athletes
1078	Junior Level 4	14 Years and Younger	Female	5 - 36 Athletes
1096	Junior Coed Level 4	14 Years and Younger	1 or More Males	5 - 36 Athletes
2033	Senior Level 4	18 Years and Younger	Female	5 - 36 Athletes
2067	Senior Coed Level 4	18 Years and Younger	1 or More Males	5 - 36 Athletes
Level 5				
1049	Youth Level 5	11 Years and Younger	Female/Male	5 - 36 Athletes
1084	Junior Level 5	14 Years and Younger	Female	5 - 36 Athletes
2002	Junior Coed Level 5	14 Years and Younger	1 or More Males	5 - 36 Athletes
2045	Senior Open Level 5 ** (see restrictions)	18 Years and Younger	Female/Male (Limit: 4 Males)	5 - 36 Athletes
2051	Senior Level 5	12 - 18 Years Old	Female	5 - 36 Athletes
2075	Senior Limited Coed Level 5	12 - 18 Years Old	1 - 4 Males	5 - 36 Athletes
2083	Senior Semi-Limited Coed	12 - 18 Years Old	5 - 12 Males	5 - 36 Athletes
2085	Senior Unlimited Coed Level 5	12 - 18 Years Old	5 or More Males	5 - 36 Athletes
2089	International Open Level 5	14 Years and Older	Female	5 - 24 Athletes
2092	International Open Coed Level 5	14 Years and Older	1 - 12 Males	5 - 24 Athletes
Level 6				
2094	Open Level 6	17 Years and Older	Female	5 - 24 Athletes
2095	Open Coed Level 6	17 Years and Older	1 or More Males	5 - 24 Athletes
Specialty Cheer Teams				
900	Cheer Special Needs	All ages	Female/Male	Unlimited
910	Cheer All Star Exhibition (Cannot exceed Level 5)	All ages	Female/Male	Unlimited

COA 2009-2010 Divisions

Dance Specialty Divisions				
Dance Soloist (DS)				
11600	Mini Open	8 Years and Younger	Female/Male	1 Athlete
11602	Youth Pom	9 Years - 11 Years	Female/Male	1 Athlete
11643	Junior Pom	12 Years - 14 Years	Female/Male	1 Athlete
11606	Senior Pom (Eligible for Scholarship at ULTIMATE)	15 Years - 18 Years	Female/Male	1 Athlete
11612	Youth Jazz	9 Years - 11 Years	Female/Male	1 Athlete
11614	Junior Jazz	12 Years - 14 Years	Female/Male	1 Athlete
11616	Senior Jazz (Eligible for Scholarship at ULTIMATE)	15 Years - 18 Years	Female/Male	1 Athlete
11622	Youth Hip Hop	9 Years - 11 Years	Female/Male	1 Athlete
11624	Junior Hip Hop	12 Years - 14 Years	Female/Male	1 Athlete
11626	Senior Hip Hop (Eligible for Scholarship at ULTIMATE)	15 Years - 18 Years	Female/Male	1 Athlete
11630	Open Open (any style)	14 Years and Older	Female/Male	1 Athlete
Dance Duets - Trios (DG)				
11640	Mini Open	8 Years and Younger	Female/Male	2 - 3 Athletes
11642	Youth Pom	9 Years - 11 Years	Female/Male	2 - 3 Athletes
11644	Junior Pom	12 Years - 14 Years	Female/Male	2 - 3 Athletes
11646	Senior Pom	15 Years - 18 Years	Female/Male	2 - 3 Athletes
11652	Youth Jazz	9 Years - 11 Years	Female/Male	2 - 3 Athletes
11654	Junior Jazz	12 Years - 14 Years	Female/Male	2 - 3 Athletes
11656	Senior Jazz	15 Years - 18 Years	Female/Male	2 - 3 Athletes
11662	Youth Hip Hop	9 Years - 11 Years	Female/Male	2 - 3 Athletes
11664	Junior Hip Hop	12 Years - 14 Years	Female/Male	2 - 3 Athletes
11666	Senior Hip Hop	15 Years - 18 Years	Female/Male	2 - 3 Athletes
11668	Open Open (any style)	14 Years and Older	Female/Male	2 - 3 Athletes
School and Recreation Dance Teams				
614	Junior High/Middle School Pom	9th Grade and Under	Female/Male	4 + Athletes
622	Junior Varsity Pom	9th Grade - 11th Grade	Female/Male	4 + Athletes
615	Varsity Pom	9th Grade - 12th Grade	Female/Male	4 + Athletes
616	Junior High/Middle School Hip Hop	9th Grade and Under	Female/Male	4 + Athletes
621	Junior Varsity Hip Hop	9th Grade - 11th Grade	Female/Male	4 + Athletes
617	Varsity Hip Hop	9th Grade - 12th Grade	Female/Male	4 + Athletes
612	Junior High/Middle School Jazz	9th Grade and Under	Female/Male	4 + Athletes
623	Junior Varsity Jazz	9th Grade - 11th Grade	Female/Male	4 + Athletes
613	Varsity Jazz	9th Grade - 12th Grade	Female/Male	4 + Athletes
626	Junior High/Middle School Variety	9th Grade and Under	Female/Male	4 + Athletes
624	Junior Varsity Variety	9th Grade - 11th Grade	Female/Male	4 + Athletes
609	Varsity Variety	9th Grade - 12th Grade	Female/Male	4 + Athletes
627	Junior High/Middle School Lyrical	9th Grade and Under	Female/Male	4 + Athletes
629	Junior Varsity Lyrical	9th Grade - 11th Grade	Female/Male	4 + Athletes
620	Varsity Lyrical	9th Grade - 12th Grade	Female/Male	4 + Athletes
All Star and Studio Dance Teams				
Pom				
120	Tiny Pom	5 Years and Younger	Female/Male	4 + Athletes
121	Mini Pom	8 Years and Younger	Female/Male	4 + Athletes
122	Youth Pom	11 Years and Younger	Female/Male	4 + Athletes
123	Junior Pom	14 Years and Younger	Female/Male	4 + Athletes
124	Senior Pom	18 Years and Younger	Female/Male	4 + Athletes
189	Open Pom	14 years and older	Female/Male	4 + Athletes
Hip Hop				
102	Tiny Hip Hop	5 Years and Younger	Female/Male	4 + Athletes
103	Mini Hip Hop	8 Years and Younger	Female/Male	4 + Athletes
104	Youth Hip Hop	11 Years and Younger	Female/Male	4 + Athletes
107	Junior Hip Hop	14 Years and Younger	Female/Male	4 + Athletes
110	Senior Hip Hop	18 Years and Younger	Female/Male	4 + Athletes
190	Open Hip Hop	14 years and older	Female/Male	4 + Athletes
Jazz				
115	Tiny Jazz	5 Years and Younger	Female/Male	4 + Athletes
116	Mini Jazz	8 Years and Younger	Female/Male	4 + Athletes
117	Youth Jazz	11 Years and Younger	Female/Male	4 + Athletes
118	Junior Jazz	14 Years and Younger	Female/Male	4 + Athletes
119	Senior Jazz	18 Years and Younger	Female/Male	4 + Athletes
188	Open Jazz	14 Years and Older	Female/Male	4 + Athletes
Variety				
166	Mini Variety	8 Years and Younger	Female/Male	4 + Athletes
167	Youth Variety	11 Years and Younger	Female/Male	4 + Athletes
168	Junior Variety	14 Years and Younger	Female/Male	4 + Athletes
169	Senior Variety	18 Years and Younger	Female/Male	4 + Athletes
187	Open Variety	18 Years and Older	Female/Male	4 + Athletes
Lyrical				
156	Mini Lyrical	8 Years and Younger	Female/Male	4 + Athletes
157	Youth Lyrical	11 Years and Younger	Female/Male	4 + Athletes
158	Junior Lyrical	14 Years and Younger	Female/Male	4 + Athletes
159	Senior Lyrical	18 Years and Younger	Female/Male	4 + Athletes
Specialty Dance Teams				
14749	Dance Special Needs	All ages	Female/Male	4 + Athletes
14750	Dance Exhibition	All Ages	Female/Male	4 + Athletes

COA 2009-2010 Divisions

Collegiate			
Cheer Teams (CT)			
15001	Cheer All Female	Female	5 + Athletes
15004	Cheer Coed Small	1- 4 Males	5 + Athletes
15006	Cheer Coed Division 1	5 + Males	5 + Athletes
15008	Cheer Coed Division 1A	5 + Males	5 + Athletes
15010	Cheer Coed Division 2	5 + Males	5 + Athletes
15012	Cheer Coed Division Junior College	5 + Males	5 + Athletes
15016	Cheer Non Tumbling	Female/Male	5 + Athletes
Dance Teams (DT)			
635	Dance Division 1 Variety	Female/Male	5 + Athletes
628	Dance Division 1A Variety	Female/Male	5 + Athletes
641	Dance Division 2 & Junior College Variety	Female/Male	5 + Athletes
635	Dance Division 1 Hip Hop	Female/Male	5 + Athletes
625	Dance Division 1A Hip Hop	Female/Male	5 + Athletes
640	Dance Division 2 & Junior College Hip Hop	Female/Male	5 + Athletes
Specialty Divisions			
15032	Collegiate Cheer Individual (CI)	Female/Male	1 Athlete
15036	Collegiate Dance Soloist (DS)	Female/Male	1 Athlete
15038	Collegiate Stunt Group (SG)	All Female	4 - 5 Athletes
15040	Collegiate Coed Partner (CP)	Female & Male	2 Athletes
11950	Collegiate Mascot (MS)	Female/Male	1 Athlete