



Coa Mvp

Information Packet



Coa is very excited to introduce our individual competition concept. The COA MVPs will be chosen by their coaches to compete based upon their skills during their team's performance. We feel like this will be a great way to recognize the strong personal efforts that go into building that perfect team execution on the floor. MVPs will be offered at all of our Challenge and Championship events, they will not be offered at our Cup events, and will be open to all teams for FREE. Below are a few things you should know about COA MVPs:

How It Will Work

- Coaches will be able to designate certain athletes per team to be judged by a separate panel during their team performance (if athletes are cross competitors they may only be an MVP on one team to allow more participation).

Cheer:

- 1 Tumbling MVP - this athlete will be judged on their best skills both standing and running (ex. an athlete performs a standing tuck and later performs a standing full the standing full is what will be used to score)

- 1 Jumps MVP - this athlete will be judged upon their best jump sequence outside of connected tumbling (any connected tumbling will not be factored into scoring)

- 1 Stunt Group MVPs (This may include up to 5 participants - 1 flyer, 2 bases, 1 backspot, and 1 front spot; the front spot is an optional position) - This group will be judged upon their most elite connected stunt sequence, transitions, and dismount.

Dance:

- 1 Leaps MVP - this athlete will be judged on their best leaps

- 1 Turns MVP - this athlete will be judged based upon their best turn sequence

- 1 Tricks MVP - within hip hop divisions this athlete will be judged based upon their best hip hop trick skills

MVPs will compete within their designated level. So we will be awarding a Level 1-6, School/Rec, & Dance winner in each category (Tumbling, Jumps, Stunts/Leaps, Turns, Tricks)

Registering

- To register these athletes, coaches (and coaches only) will need to contact their event planner, please note that MVP registration is separate from your regular JAM registration. To see who the planner is for your event please look at the bottom of your event page on our website: www.coacheeranddance.com.

Registrations must include:

- The event name you are attending

- The team division

- The name of the MVP

- The MVP designation type (tumbler, jumper, stunt group, etc.)

Please make sure to submit this information for each MVP you are assigning. There are three ways to submit your MVP registration:

- You can text your registrations to 865-771-1004

- You can send us your registration via our facebook page: www.facebook.com/coacheeranddance

- You can email your planner with your registration; planner emails are found at the bottom of the event pages on our website.

Please note that no MVP registration will be accepted after the Friday one week out from your event.

At The Event

- At the event your athletes will be designated backstage after they have warmed up. They will be assigned different colored athletic tape based upon their MVP type. Athletes can choose to tape a wrist or directly below their knee based upon their uniforms/costumes and comfort.

- There will be a separate judge using the following score sheets to determine MVP placements. Please make sure to review the attached score sheets.

- The top three in each level and type will be recognized and awarded certificates during their award ceremony.



2011 - 2012 COA MVP Group Stunt Score Sheet



Team Name: _____ Division: _____ Athlete Name: _____

Stunt Skill Score

Level 1 Level 2 Level 3 Level 4 Level 5

.5 • 1 • 1.5 • 2 • 2.5 • 3 • 3.5 • 4 • 4.5 • 5 • 5.5 • 6 • 6.5 • 7 • 7.5 • 8 • 8.5 • 9 • 9.5 • 10

Stunt Technique Score

Poor Below Average Average Above Average Excellent

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Scoring Totals

Stunt Skill: _____ Stunt Technique: _____

Total Score: _____



2011 - 2012 COA MVP Tumbling Score Sheet



Team Name: _____ Division: _____ Athlete Name: _____

Running Tumbling Skill Score																																						
Level 1				Level 2				Level 3				Level 4				Level 5																						
.5	•	1	•	1.5	•	2	•	2.5	•	3	•	3.5	•	4	•	4.5	•	5	•	5.5	•	6	•	6.5	•	7	•	7.5	•	8	•	8.5	•	9	•	9.5	•	10

Running Tumbling Technique Score																			
Poor				Below Average				Average				Above Average				Excellent			
1	•	2	•	3	•	4	•	5	•	6	•	7	•	8	•	9	•	10	

Standing Tumbling Skill Score																																						
Level 1				Level 2				Level 3				Level 4				Level 5																						
.5	•	1	•	1.5	•	2	•	2.5	•	3	•	3.5	•	4	•	4.5	•	5	•	5.5	•	6	•	6.5	•	7	•	7.5	•	8	•	8.5	•	9	•	9.5	•	10

Running Tumbling Technique Score																			
Poor				Below Average				Average				Above Average				Excellent			
1	•	2	•	3	•	4	•	5	•	6	•	7	•	8	•	9	•	10	

Scoring Totals

Running Tumbling Skill: _____ Running Tumbling Technique: _____

Standing Tumbling Skill: _____ Standing Tumbling Technique: _____

Total Score: _____



2011 - 2012 COA MVP Jumps Score Sheet



Team Name: _____ Division: _____ Athlete Name: _____

Jumps Skill Score

Level 1 Level 2 Level 3 Level 4 Level 5

.5 • 1 • 1.5 • 2 • 2.5 • 3 • 3.5 • 4 • 4.5 • 5 • 5.5 • 6 • 6.5 • 7 • 7.5 • 8 • 8.5 • 9 • 9.5 • 10

Jumps Technique Score

Poor Below Average Average Above Average Excellent

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Scoring Totals

Jump Skill: _____ Jump Technique: _____

Total Score: _____



2011 - 2012 COA MVP Leaps Score Sheet



Team Name: _____ Division: _____ Athlete Name: _____

Leaps Skill Score

Level 1 Level 2 Level 3 Level 4 Level 5

.5 • 1 • 1.5 • 2 • 2.5 • 3 • 3.5 • 4 • 4.5 • 5 • 5.5 • 6 • 6.5 • 7 • 7.5 • 8 • 8.5 • 9 • 9.5 • 10

Leaps Technique Score

Poor Below Average Average Above Average Excellent

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Scoring Totals

Leaps Skill: _____ Leaps Technique: _____

Total Score: _____



2011 - 2012 COA MVP Turns Score Sheet



Team Name: _____ Division: _____ Athlete Name: _____

Turns Skill Score

Level 1 Level 2 Level 3 Level 4 Level 5

.5 • 1 • 1.5 • 2 • 2.5 • 3 • 3.5 • 4 • 4.5 • 5 • 5.5 • 6 • 6.5 • 7 • 7.5 • 8 • 8.5 • 9 • 9.5 • 10

Turns Technique Score

Poor Below Average Average Above Average Excellent

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Scoring Totals

Turns Skill: _____ Turns Technique: _____

Total Score: _____



2011 - 2012 COA MVP Tricks Score Sheet



Team Name: _____ Division: _____ Athlete Name: _____

Tricks Skill Score

Level 1 Level 2 Level 3 Level 4 Level 5

.5 • 1 • 1.5 • 2 • 2.5 • 3 • 3.5 • 4 • 4.5 • 5 • 5.5 • 6 • 6.5 • 7 • 7.5 • 8 • 8.5 • 9 • 9.5 • 10

Tricks Technique Score

Poor Below Average Average Above Average Excellent

1 • 2 • 3 • 4 • 5 • 6 • 7 • 8 • 9 • 10

Scoring Totals

Tricks Skill: _____ Tricks Technique: _____

Total Score: _____